



ANNUAL SPORTS AND GAMES CALANDER 2025-26

Annual Sports and Games Goal:

1. To align the activities in sync with 'CATCH THEM YOUNG'- dream project of Hon. President Sir.
2. Encourage students to maintain a healthy and active lifestyle.
3. Provide structured training and competition opportunities.
4. Develop essential life skills like co-operation, leadership, and resilience.
5. Implement talent identification and providing appropriate platform.
6. Train students for inter-house, inter-school, BBPS Olympics, CBSE and other tournaments.
7. Preserve cultural heritage through sports.
8. Balance competitive events with enjoyable activities for students and teachers.

Annual Sports and Games Objectives:

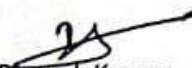
1. Organize inter-house, inter-school and annual sports meets.
2. Schedule weekly PE classes, fitness activities and yoga sessions.
3. Conduct regular medical checkups and fitness evaluations. Take follow up accordingly wherever required.
4. Educate students on nutrition, fitness and sportsmanship.
5. Guide interested students toward professional sports opportunities.
6. Arrange fun fitness programs and parent-student-teachers' sports activities.

Year/Month/ Date	Activity Name	Class	Teacher Incharge	Venue
April 2025	Aerobic Exercise/Zumba Exercise	I to V	Mr. Deepak	BBPS sports Ground Multipurpose hall
	Inter House Chess Competition	VI to X		
May 2025	Students Health Assessment and Annual Medicine Checkups	Mont-I to X	Mr. Deepak	Sports Room
	Inter Class Carrom Competition	I to V		Multipurpose hall
June 2025	International Yoga Day Celebration-2025	All Students and Teachers	Mr. Deepak	Online
July 2025	Inter House Yoga Competition	I to X	Mr. Deepak	Multipurpose hall
	BBPS Olympic Selection trial	IV TO X		
August 2025	Inter House Badminton	III to V	Mr. Deepak	Multipurpose hall

	Competition	VI to X		
	National Sports Day Celebration - 2025	I to X		
	Physical Fitness Assessment- 2025-26	I to X		
September 2025	BBPS Olympic Training Program	Selected Students	Mr. Deepak	Sports Ground and Multipurpose hall
	Inter House Kabaddi competition	I to X		
October 2025	Inter House Kho-Kho Competition	I to V	Mr. Deepak	Sports Ground
	BBPS Olympic Planning and Preparation.	VI to X		
November 2025	CBSE tournament/District/State level tournament Planning and Preparation	Selected Students	Mr. Deepak	Sports Ground and Multipurpose hall
December 2025	Annual Sports Day 2025-26	All Students/Teachers/ Parents	Mr. Deepak	Sports Ground
January 2026	Inter House Mini Marathon	I to X	Mr. Deepak	NSTPS -NTPC Road
February 2026	Workshop on Yoga-Pranayama & Meditation	All Students	Mr. Deepak	Multipurpose hall
March 2026	Inter House Indigenous Sports Competition.	All Students	Mr. Deepak	Sports Ground

Note:

1. Counselling and motivating students using inspirational documentaries/movies. Utilizing the school counselling services.
2. Organizing special coaching camp for promotion of games & sports.
3. Fit India program will also be implemented during the session as per guidelines received.


Deepak Kumar
TGT-PET


Sarika Kute
Principal
