



**SPORTS CLUB : 2023-24**

The Sports club is committed to provide a healthy sporting habit among the students. It helps to learn teamwork at work, coordination among diverse cultural & ethnic groups and mainly infuses discipline & instils the value system in one individual. Value of time, precision & competitiveness are the major learning points apart from communication, coordination & teamwork.

<b>SR.NO.</b>	<b>MONTH</b>	<b>SPORTS ACTIVITY</b>
1.	APRIL- 2023	INDIGENIOUS SPORTS (MARBLE, LATTU AND HOP- SCOTCH)
2.	MAY - 2023	KHO- KHO AND KABADDI
3.	JULY - 2023	WOODEN DUMBELL EXERCISE AND HULLA- HOOP EXERCISE
4.	AUGUST - 2023	CHESS AND CARROM
5.	SEPTEMBER -2023	MEDICINE BALL THROW AND SHUTTER RUN
6.	OCTOBER - 2023	BADMINTON
7.	NOVEMBER - 2023	FOOTBALL
8.	DECEMBER - 2023	ATHLETES (JUMPING EVENT)
9.	JANUARY - 2024	ATHLETES ( THROWING EVENT)
10	FEBRUARY - 2024	ATHLETES (RUNNING EVENT)