



SPORTS DEVELOPMENT PROGRAM

2022-2023

<u>SR. No</u>	<u>MONTH</u>	<u>SPORTS EVENTS</u>	<u>CLASS /HOUSE</u>	<u>DATE OF EVENT</u>
<u>1.</u>	<u>April</u>	<u>1. Inter house Kabaddi tournament</u> <u>2. Health Assessment</u>	<u>:Junior(1-5)</u> <u>:Senior(6-10)</u> <u>:Girls</u> <u>Class -1 to 5</u>	<u>04/04/22-</u> <u>09/04/22</u> <u>11/04/22-</u> <u>16/04/22</u>
<u>2.</u>	<u>May</u>	<u>1. Fitness Program (CES)</u> <u>2. Health Assessment</u> <u>3. Inter House Carrom Competition</u>	<u>Class - 6 to 10</u> <u>Class - 6 & 10</u> <u>All House</u>	<u>02/05/22-</u> <u>07/05/22</u> <u>09/05/22-</u> <u>14/05/22</u> <u>16/05/22-</u> <u>21/05/22</u>
<u>3.</u>	<u>June</u>	<u>1. International Yoga Day Celebration</u>	<u>All Students & teachers</u>	<u>21/06/22</u>
<u>4.</u>	<u>July</u>	<u>1. Over weight students fitness wellness program</u> <u>3. Inter House Chess Competition</u>	<u>Selected Students</u> <u>All House</u>	<u>04/07/22-</u> <u>09/07/22</u> <u>18/07/22-</u> <u>23/07/22</u>

5.	<u>August</u>	<u>1. Students Fitness Program</u> <u>2. Inter House Badminton Competition</u> <u>3. National Sports Day Celebration</u>	<u>Senior Group</u> <u>All house</u> <u>All house</u>	<u>01/08/22-06/08/22</u> <u>16/08/22-20/08/22</u> <u>29/08/22</u>
6.	<u>September</u>	<u>1. Inter House Table Tennis Competition</u> <u>2. Students Fitness Program</u> <u>3. Inter House Athletes (Jumping event) competition</u>	<u>All house</u> <u>Junior Group</u> <u>All house</u>	<u>05/09/22-10/09/22</u> <u>12/09/22-17/09/22</u> <u>19/09/22-24/09/22</u>
7.	<u>October</u>	<u>1. Inter House leg Cricket Competition</u> <u>2. Participation in Zonal/District/Inter School tournaments</u> <u>3. Inter House Athletes (Throwing Event) competition</u>	<u>All house</u> <u>Selected Students</u> <u>All House</u>	<u>10/10/22-15/10/22</u> <u>24/10/22-29/10/22</u>
8.	<u>November</u>	<u>1. Inter House Football Competition</u> <u>2. Participation in zonal/District/Inter school tournaments</u>	<u>All House</u> <u>Selected students</u>	<u>01/11/22-05/11/22</u>

		<u>3. Inter House Cricket Competition</u>	<u>All House</u>	<u>21/11/22-26/11/22</u>
<u>9.</u>	<u>December</u>	<u>1. Annual School Sports Day / Annual Athletes Meet (2022-23)</u>	<u>All houses</u>	<u>12/12/22-17/12/22</u>
<u>10.</u>	<u>January</u>	<u>1. Inter house Handball Competition</u>	<u>All house</u>	<u>16/01/23-21/01/23</u>
<u>11.</u>	<u>February</u>	<u>1. Tracking</u>	<u>Seniors students</u>	<u>01/02/23-05/02/23</u>
<u>12</u>	<u>March</u>	<u>1. After Final Exam Some Traditional Game and fun games</u>	<u>All students and teachers</u>	<u>13/03/23-25/03/23</u>

- Note :-**
- 1. Counselling and motivation through inspiration Films or movies shows and also while utilising the school counseling services.**
 - 2. Special Coaching camp for games and sports.**
 - 3. Long term plan for upgrading of students.**
 - 4. Daily Sports activities will be taken during evening session.**
 - 5. Fit India Program will also be organised during this session as per government order.**